



Open to all

Department of Human Services

150 Gulf Street

Provides food vouchers to all Milford residents in need. Emergency food gift cards + referrals to resources. Senior Farmers Market Nutrition Program & Bridgeport Hospital vouchers. Assistance with SNAP, WIC, and other benefits. Call 203-783-3253

Milford Regional Pop-Up Pantry

Cornerstone Christian Center, Kingdom Life Church, and the CT Food Bank
every other Tuesday of the month
11am-12pm. Check the Milford Patch and CT Food Bank Website for location details.

Saint Gabriel Church

26 Broadway

Provides food, including frozen meat, to Milford residents. Service is by appointment only. **Call M-W: 8am-6pm to schedule an appointment.** Food distribution by appointment only on Th: 10am until food is all gone.
203-878-3075

First United Church of Christ

34 West Main Street

Food pantry on Tuesdays once per month 10am-2pm. Mostly shelf staple items with limited dairy/produce.
Call 203-877-4277 for an appointment.

Milford Senior Center

9 Jepson Drive

Milford Food Bank

Call 203-877-5131 to schedule pick-up. Limited pre-packaged boxes for individuals and families.

Monday-Thursday

9:00am-2:00pm

By appointment only

Saint Mary's Church

70 Gulf Street

John Rigley Food Pantry--

Monthly food pantry. Contact Department of Human Services for referral.
203-783-3253

Milford Christian Church

989 New Haven Ave

Appointment only.

Call 203-874-1233

Purple Pantry Boxes

17 purple **Food Pantry** boxes located throughout Milford that are stocked with staple items. Find locations near you

<https://purplepantryboxes.com>

The Storehouse Project

49 Wheelers Farms Road

The food pantry is **operated twice weekly on Thursday and Saturday.** To make an appointment please call 203-490-6674 on Tuesdays and Thursdays from 4 - 6 PM.

Food Delivery Programs

Milford Food 2 Kids

Provides weekend meals to approx. 200 Milford youth in schools and Boys & Girls Village.
203-258-8182

The Storehouse Project

Truck delivers groceries to residents of housing projects and students on college campuses.

Milford Senior Center- Meals on Wheels

Hot meals delivered 5 days a week. Contact Marie Vaughn at 203-877-5131

Volunteers needed

Many of these organizations need volunteers to collect, organize and distribute food items to the community. Please consider reaching out and volunteering

Scan below for additional Food assistance resources outside of Milford



Milford Meals

Monday

Milford Senior Center **9 Jepson Drive**

Indoor & outdoor Mini Lunch Program. Seatings at 11:30am or 12:30pm. Meals are \$3.00.

Beth El Center, Inc. **90 New Haven Ave**

Meals to go daily & on weekends. Pickup between 11:30am-1pm. Please check our website for the food calendar for the days dinner is served in the evening.

The Storehouse Project **349 Wheelers Farms Road**

Weekly meals To Go 80 meals at the door + 170 shuttle meals.

Tuesday

Milford Senior Center **9 Jepson Drive**

Indoor & outdoor Mini Lunch Program. Seatings at 11:30am or 12:30pm. Meals are \$3.00.

Beth El Center, Inc. **90 New Haven Ave**

Meals to go daily & on weekends. Pickup between 11:30am-1pm. Please check our website for the food calendar for the days dinner is served in the evening.

Wednesday

Milford Senior Center **9 Jepson Drive**

Indoor & outdoor Mini Lunch Program. Seatings at 11:30am or 12:30pm. Meals are \$3.00.

Beth El Center, Inc. **90 New Haven Ave**

Meals to go daily & on weekends. Pickup between 11:30am-1pm. Please check our website for the food calendar for the days dinner is served in the evening.

Thursday

Milford Senior Center **9 Jepson Drive**

Indoor & outdoor Mini Lunch Program. Seatings at 11:30am or 12:30pm. Meals are \$3.00.

Beth El Center, Inc. **90 New Haven Ave**

Meals to go daily & on weekends. Pickup between 11:30am-1pm. Please check our website for the food calendar for the days dinner is served in the evening.

Mary Taylor Memorial Methodist United Church **168-176 S. Broad Street**

Monthly community supper on the 4th Thursday of the month for approx. 40-50 people on a walk in basis. Served as to go 5:30pm - 6:30pm.

Friday

Milford Senior Center **9 Jepson Drive**

Indoor & outdoor Mini Lunch Program. Seatings at 11:30am or 12:30pm. Meals are \$3.00.

Beth El Center, Inc. **90 New Haven Ave**

Meals to go daily & on weekends. Pickup between 11:30am-1pm. Please check our website for the food calendar for the days dinner is served in the evening.

Saturday/Sunday

Beth El Center, Inc. **90 New Haven Ave**

Meals to go daily & on weekends. Pickup between 11:30am-1pm. Please check our website for the food calendar for the days dinner is served in the evening.

Resources

Connecticut Food Share: Mobile food distributions at various locations each month. Get the food pantry schedule when you need it by texting the word "foodshare" to **85511**.

United Way 2-1-1: You can visit the [2-1-1 website](#) or call to be connected to local food pantries/distributions

SNAP Benefits: Access to SNAP and food benefits, visit: <https://www.ctfoodbank.org/get-help/snap-food-stamps211/> OR call: 860-856-HELP (4357)

Fridgeport: An open access community refrigerator and pantry that is open 24/7, located at Kingdom Builders Impact Ministries, 219 James Street in Bridgeport

End Hunger CT: Meals at sites around the state from June-August, serving of breakfast, lunch, dinner, and snacks. Meals are free to any child age 18-and-under To find a site near you visit: <https://www.endhungerct.org/services/summer-meals/>

CT Food Bank: For healthy food, recipes and nutrition tips, visit <https://www.ctfoodbank.org/get-help/nutrition-tips/>